

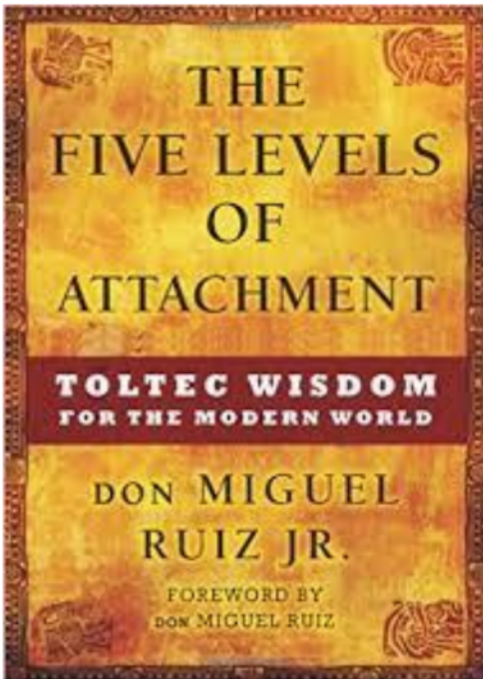


One Heart Retreat Center

Presents

**The Five Levels of Attachment**  
**Toltec Wisdom for the Modern World**

Wednesdays, February 26 to March 18, 2020



Are you carrying old “stuff” around?  
Why??

Would you like to let it go?

This 4-week class, based on *The Five Levels of Attachment*, by don Miguel Ruiz, Jr , builds on the principles found in *The Four Agreements* by don Miguel Ruiz, and completes the series. *The Five Levels of Attachment* invites us to take the next step and gauge how attached we are to our own point of view. Gaining awareness into the agreements we’ve been making, we see how they shape our reality and affect our future. By the end of the four weeks the option to release old attachments is clear, letting go of what no longer reflects how we want to show up in the world.

Join us from 6:30 – 8 pm at  
*Coffeehouse Cafe* on Wednesdays,  
from 2/26 through 3/18  
by video conference

Tuition: \$40

Rev. Evan presents Rev. Sharri  
by video conference with this  
Life Enriching Class



Facilitated by  
Rev. Sharri Johnson,  
Sr. Minister